

# Learning about Power, Privilege and Oppression

## Sexism

Sexism is prejudice or discrimination based on a person's sex or gender, mainly when it exists in an environment of disproportionate positions of power. Sexism can affect anyone. It has been linked to stereotypes of gender roles and may include the belief that one sex or gender is intrinsically superior to another (definition of misogyny).

Here are a few examples:

- Unwelcomed commenting on someone's dress, appearance, or attractiveness.
- Making assumptions about someone strictly based on sex, gender, sexual orientation, or traditional gender norms.
- Making choices and decisions that disadvantage or oppress someone strictly based on sex, gender, or sexual orientation.

Additional reading and resources:

- [Sexism: From Identification to Activism](#) Learning for Justice, lesson plan
- [What Works: Gender Equality by Design](#) by Iris Bohnet
- [Eloquent Rage: A Black Feminist Discovers Her Superpower](#) by Brittney Cooper
- [Hood Feminism: Notes from the Women That a Movement Forgot](#) by Mikki Kendall

For more resource and reading, see our [Anti-Oppression Reading and Discussion Resource List](#).