Anti-Oppression

Learning about Power, Privilege and Oppression



Racism

Racism is the belief that certain groups of humans possess different behavioral traits corresponding to physical appearance and can be divided based on the superiority of one race over another. While any racial group can be prejudiced, racism exists, especially when it is in an environment of a disproportionate position of power.

Here are a few examples:

- Making assumptions about someone's experiences, class, education, family, behaviors, or anything else strictly based on race.
- Denying the experiences of people who say they are experiencing racism. If our experiences are real, so are the experiences of someone experiencing racism.
- Making choices and decisions that disadvantage or oppress someone strictly based on race.