

OUTREACH ACTION SHEET [\(Word version\)](#)

Protect SNAP in the next Farm Bill

Everyone deserves to live healthier lives and have access to nutritious foods. An integral tool to ensure that all Americans have access to basic nutrition is the **Supplemental Nutrition Assistance Program (SNAP)**.

SNAP currently serves nearly 40 million people each month. Families with children, older Americans, and persons with disabilities account for nearly 90 percent of SNAP recipients. SNAP reduces poverty, improves community health, and bolsters local economies. As the need for food programs grows, Congress must protect and strengthen SNAP.

Reauthorized every 5-6 years, the Farm Bill covers all areas of U.S. agricultural policy, including SNAP. The current Farm Bill will expire in September 2024.

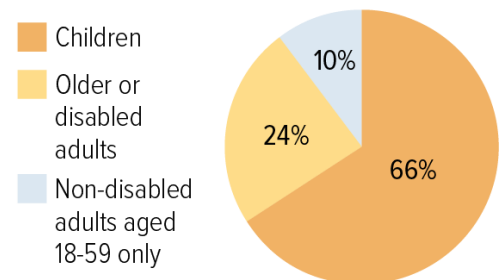
The House of Representatives is expected to release a new Farm Bill proposal soon that includes cuts to SNAP. RESULTS strongly opposes any harmful policies and urges Congress to invest more to reduce hunger in the U.S., including:

- **Increasing benefit amounts.** The average daily SNAP benefit received is about \$7 per day (or a little over \$2 a meal), not enough to sustain a basic, nutritious diet.
- **Removing onerous work reporting requirements:** People in low-wage jobs, including older Americans and formerly incarcerated persons, often face challenges finding stable employment. Onerous SNAP work reporting requirements weaponize red tape and put people at greater risk of hunger.
- **Protecting food choice options:** Many people live in “food deserts”, where there are no stores or markets that sell nutritious, fresh foods. Restricting the foods SNAP recipients can buy will result in increased hunger, not healthier eating.
- **Reducing the disruption of benefits:** SNAP has a “benefit cliff”, which abruptly cuts off benefits once income hits a certain level. This disincentivizes work and increases hunger. SNAP benefits should phase out gradually as income increases.

It is important to push back early at the efforts to demonize SNAP and the people it serves. While RESULTS supports passing a Farm Bill that protects and expands SNAP, no bill is far better than a bad bill.

Nearly 90 Percent of SNAP Recipients Are in Households With Children, Older Adults, or Disabled Adults

Recipients in households with:



Source: CBPP tabulations of USDA 2019 SNAP household characteristics data

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Tell member of Congress to protect SNAP in the Farm Bill

Write a letter to your representatives and senators today urging them to tell Agriculture Committee leaders to protect SNAP from reckless cuts and policies in Farm Bill negotiations. Use the talking points below as a guide.

1. Dear Senator or Representative _____,
2. My name is _____. I am a constituent of yours from _____ and a RESULTS volunteer.
3. I am writing to urge you to support of SNAP, the last line of defense against hunger in the United States. In 2022, SNAP helped 3.7 million people lift themselves from poverty.
4. Most SNAP recipients who are able to work, do work. Of the approximately 40 million people receiving SNAP each month, nearly 90 percent are families with children, older Americans, and persons with disabilities.
5. Despite its success, SNAP benefits only average \$7 per day per person. Also, onerous eligibility requirements prevent many experiencing food insecurity from getting help.
6. It is imperative that SNAP is protected and strengthened in any new Farm Bill.
7. This includes increasing benefit amounts, protecting food choice, minimizing the “benefits cliff,” and ending onerous work reporting requirement to receive SNAP.
8. Will you please speak to House Agriculture Chair Thompson and Ranking Member Scott / Senate Agriculture Chair Stabenow and Ranking Member Boozman and urge them to protect and strengthen SNAP in the new Farm Bill? Will you also relay that no Farm Bill is better than a bad Farm Bill?
9. Thank you for your time and consideration. I look forward to your response.

Tips for your letters

- For questions, contact RESULTS staff at grassroots@results.org.
- Find your members of Congress at: <https://results.org/volunteers/legislator-lookup>
- You can hand-write or type your letters.
- Plan to deliver letters in upcoming lobby meetings or e-mail them to the tax aides in each office. Contact RESULTS staff for assistance.
- When you get a response, please let RESULTS staff know what they said.